

UN ALTRO MONDO PRESENTS

A DOCUMENTARY FILM BY THOMAS TORELLI



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WITH

DEEPAK CHOPRA ~ BRUCE H. LIPTON ~ DANIEL LUMERA ~ IVAN NOSSA
EVERETT L. WORTHINGTON ~ CLAUDIO PAGLIARA ~ JOE VITALE
SCARLETT LEWIS ~ YOLANDE MUKAGASANA ~ GHERARDO COLOMBO

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CHOOSE LOVE

WRITTEN AND DIRECTED BY

Thomas Torelli

PRODUCED BY

Un Altro Mondo / Divisione Red Joss srl

FEATURING

Deepak Chopra, M.D.

Bruce H. Lipton, Ph.D.

Daniel Lamera

Claudio Pagliara, M.D.

Everett L. Worthington Jr., Ph.D.

Elena Bianchi

Scarlett Lewis

Yolande Mukagasana

Phil Walleystack

Bill Webb

Nina Webb

PENDING

Gherardo Colombo

Ivan Nossa

Sister Rosemary Nyirumbe

Joe Vitale

- Choose love to change the world -

A compelling and moving documentary that examines the scientific implications and values of forgiveness as well as the physical, mental and spiritual health benefits for individuals, relationships, and societies as a whole.

Choose Love explores many different facets of forgiveness, addressing new scientific findings and raising some important questions. The documentary describes a journey of transformation through a growth in knowledge and awareness. The seeds of a new form of humanity are present in empathy, love and the true character of forgiveness. Choose Love talks about this choice, accompanying the philosophical and spiritual aspects with new scientific insights. It gives voice to people who have made this journey, and tells the stories of people throughout history who, despite everything, have chosen the path of forgiveness, such as the aboriginal people from Australia.

True stories that describe a process of openness, forgiveness and love that breaks down prejudice and divisions. We need to change ourselves to change the world, because it is only by feeling strong and grounded that one can find the power for forgiveness.

Synopsis

We are asked to make choices every day, and the answers we give are not always governed by our deepest feelings. Too often, we act instinctively or impulsively, or are influenced by past emotional issues.

“Stop attaching so much weight to being right”, argues Deepak Chopra in the film. How many wars, conflicts and misunderstandings in the world could be avoided if only people were really listening?

Bruce Lipton (who outlines a new understanding of life based on his pioneering research in epigenetics) tells us that the Mind is more powerful than our genes, opening the way to a new scientific concept of man. Until a few years ago we thought we were victims of our DNA, but we are increasingly discovering that everyday choices can trigger or turn off certain genes. More and more studies have shown how the practice of meditation, or the positive impact of committing an act of forgiveness, can help to strengthen the immune, nervous and circulatory systems.

Philosophy, history, science and spirituality: we now know that everything is connected. In my previous film, *“Un Altro Mondo” (Another World)*, I tried to shed light on these hidden ties between all things and to stress the importance of a positive attitude in creating awareness and change. Together with *Food ReL-Ofution*, this new film can be seen as a direct successor: representing, if you like, the next phase.

The participants in the film are scientists and philosophers, but also “ordinary” people who have taken the extra step: Warriors of light who have managed to overcome terrible experiences by choosing forgiveness. In Choose Love, we will hear from a survivor of the Rwandan genocide, who was subsequently nominated for the Nobel Peace Prize. During the trial of her family’s executioners, she found the strength to stand up and absolve them, providing humanity with a memorable lesson in the power of forgiveness.

Each of us has the opportunity to make a choice every day. We can choose to seek revenge, to get angry, to feed hate with violence, or else we can choose the uphill way. This road may seem much harder, but is essential for achieving the purpose for which we were born: learning to Love.

FEATURING



DEEPAK CHOPRA

Deepak Chopra, M.D., FACP, founder of The Chopra Foundation and co-founder of The Chopra Center for Wellbeing, is a world-renowned pioneer in integrative medicine and personal transformation, and is Board Certified in Internal Medicine, Endocrinology and Metabolism. He is a Fellow of the American College of Physicians, Clinical Professor at UCSD Medical School, Researcher, Neurology and Psychiatry at Massachusetts General Hospital (MGH), and a member of the American Association of Clinical Endocrinologists. The World Post and The Huffington Post global internet survey ranked Chopra #17 influential thinker in the world and #1 in Medicine. Deepak Chopra is the author of more than 85 books translated into over 43 languages, including numerous New York Times bestsellers.



BRUCE H. LIPTON

Bruce H. Lipton, PhD, is an internationally recognized leader in bridging science and spirit. Stem cell biologist, bestselling author of *The Biology of Belief* and recipient of the 2009 Goi Peace Award, he has been a guest speaker on hundreds of TV and radio shows, as well as keynote presenter for national and international conferences. His research at Stanford University's School of Medicine, between 1987 and 1992, revealed that the environment, operating through the membrane, controlled the behavior and physiology of the cell, turning genes on and off. His discoveries, which ran counter to the established scientific view that life is controlled by the genes, presaged one of today's most important fields of study, the science of epigenetics. Two major scientific publications derived from these studies defined the molecular pathways connecting the mind and body. Many subsequent papers by other researchers have since validated his concepts and ideas.



CLAUDIO PAGLIARA

Claudio Pagliara is an oncologist, general practitioner, researcher and lecturer. As president of ARCA (Association of Support and Research into Cancer) he has visited hundreds of cancer patients at the terminal stage at their home, free of charge. While still a student he published, with Dr. Nicoletta Montanari, the book “Tossicità dei Farmaci” [drug toxicity], edited by CLEUB (University Editor Library Cooperative). Author of numerous scientific publications, he has been a speaker at many conferences and has held several lectures. He was a researcher for the Mario Negri Institute.



EVERETT L. WORTHINGTON, JR.

Everett Worthington Jr, PhD, is a leading researcher on the science of forgiveness. Worthington is a professor of psychology at Virginia Commonwealth University and a clinical psychologist. His research and writing focus on forgiveness and other virtues, religion and spirituality, and issues related to marriage and family. His mission is to help individuals (every heart), couples and families (every home), and even communities and countries (every homeland) forgive. He's the author of the book *The New Science of Forgiveness*.



ELENA BIANCHI

Elena is a powerful voice in raising awareness about violence against women. A victim of abuse herself, Elena has transformed her suffering into inner strength by practicing compassion and forgiveness. This healing transformation has allowed her to now dedicate her life to help other women through seminars and talks.



SCARLETT LEWIS

Scarlett Lewis is the mother of Jesse Lewis who was killed in his first grade classroom during the tragedy at Sandy Hook Elementary School on December 14, 2012 along with 19 classmates and 6 teachers and administrators in one of the worst school shootings in US history. She founded of The Jesse Lewis Choose Love Foundation in honor of Jesse and to spread a message he left on their kitchen chalkboard shortly before he died, Nurturing Healing Love, the formula for choosing love, and to promote social and emotional education in schools as well as a consistent message of compassion in our communities.



YOLANDE MUKAGASANA

Candidate for the Nobel Peace Prize 2010. She was a Tutsi nurse and anaesthetist working at a hospital in Kigali. She fled to Belgium during the Rwandan Genocide; her husband, her children and many of the people she knew were killed. In Belgium, her qualifications were not recognized so she worked in a senior's residence. She later adopted some of her nieces whose parents had been killed and other Rwandan orphans.



PHIL WALLEYSTACK

Phil is a singer/songwriter inspired by the Noongar culture. He takes traditional sounds of the didgeridoo, boomerangs and tapping sticks and blends them with contemporary instruments like the cello, guitar and drums. By bringing Aboriginal and non-Aboriginal culture together, Philip is motivated to create understanding and education through music and entertainment.



BILL WEBB

Australian Aboriginal Wardani elder



NINA WEBB

Australian Aboriginal Wardani elder

PENDING



GBERARDO COLOMBO

Gherardo Colombo is an Italian former magistrate and judge specialized in political corruption cases. He was a member of the Court of Cassation between 2005 and 2007.

In 2007 he left the magistrature to dedicate himself to the promotion of the culture of legality amongst young people through his “Sulleregole” Foundation. Since then he has written many books about legality, the criminal justice system, education, forgiveness and compassion.



DANIEL LUMERA

Teacher, international trainer, writer and lecturer. At the present he directs the MyLifeDesign Foundation and he is the President of the International School of Forgiveness (I.S.F.). His experience and his researches gave birth to the “Life Design” model, the aware design of one’s own life, a training path which became systematic thanks to the work of a ten-year research team and thanks to the cooperation with universities, research entities of the National Healthcare Institute, with Guni UNESCO and the Club UNESCO for the Protection of Intangible Heritage. In 2013 he was the only Italian researcher chosen to publish in the World Higher Education report of the Global University Network for Innovation of UNESCO.



IVAN NOSSA

After giving up his business of many years he decided to follow his dream of becoming an author. Life brought him a wonderful gift. He began to work with the best-selling American writer, Joe Vitale, from whom he learnt the secrets of the Law of Attraction, the power of the mind, and the importance of our inner journey. This collaboration led to the publication of two best-selling books in English: *The Midas Touch* and *The Prosperity Factor*. After this wonderful beginning Ivan has successfully authored several more books including *Il Potere e la Magia della Gratitude* (The Power and Magic of Gratitude) amongst others. He translated and wrote the introduction for the Italian edition of Joe Vitale’s book, *The Secret Prayer* (La Preghiera Segreta).



SISTER ROSEMARY NYIRUMBE

has dedicated her life to counteracting violence in her native Uganda. Her humanitarian work earned her a spot in TIME Magazine's 2014 "100 Most Influential People" list, and in 2007 she was named a CNN Hero. Sister Nyirumbe has spearheaded the Saint Monica Girls' Tailoring Center for nearly 15 years, offering shelter to thousands of women who come to learn tailoring, catering and other valuable professional skills. According to Pros for Africa, a development partner of Saint Monica, many of the girls who find their ways to the center have suffered abduction, rape and torture. Nyirumbe funds the school in part by selling bags the women make out of soda tabs. A 2013 documentary narrated by Forest Whitaker, 'Sewing Hope', tells the story of Nyirumbe's efforts to rebuild her country after 25 years of war under Joseph Kony and his Lord's Resistance Army (LRA).



JOE VITALE

Dr. Joe Vitale is the bestselling author of books such as The Attractor Factor, The Key, Zero Limits, Life's Missing Instruction Manual amongst others. Joe Vitale also was a lead contributor to the film 'The Secret'. He is one of today's key figures surrounding the phenomenon of The Law of Attraction.

ABOUT THE TEAM



THOMAS TORELLI / DIRECTOR

Thomas Torelli is a Rome based director and producer focused in particular on political and social themes. In 2006 he was executive producer and co-author on Franco Fracassi and Francesco Trento's feature documentary *ZERO: An Investigation into 9/11*, winner of the audience award at the Rome International FF 2007, winner of the Audience Award at the Festival Internacional de Cine Documental de la Ciudad de México in 2008 and distributed in more than 70 countries. As a producer Thomas was involved with Dario Baldi's *Pablo - The poet's lives* (AFI Film Festival Los Angeles 2005, Montreal FF 2006) Francesca Nava's *L'altro Messico – Il ritorno del Subcomandante Marcos*, Mario Balsamo's *Sognavo le nuvole colorate* (2008 Locarno FF). In 2009 he produced and directed *Sangue e Cemento*, nominated at the Nastri d'Argento for Best Documentary of the Year. In 2011, he co-edited and produced, supported by the Piedmont Film Commission, *The brat syndrome* by Alberto Coletta, a documentary about ADD.

In 2013 he finished *Another World*, presented at the 2014 RIFF - Rome Independent Film Festival and the Phoenix Film Festival receiving excellent public and critic's reviews. The feature was then invited to the Ischia Film Festival (Italy), Ariano Film Festival (Italy) and the Voices from the Waters International Traveling Film Festival (India). The film won the "Best Documentary" Award at the Clorofilla Film Festival 2014, the official festival of Legambiente (Italy). It also won two awards at the 27th edition of the Bienal Internacional de Cine Científico - BICC Ronda (Spain): the Public Choice Award "Diploma ASECIC / BICC 2014" and the "ASECIC Guillermo F. Zúñiga Trophy" to the Best Scientific Film. His most recent film *Food Relovution* was released earlier this year and has just won the "Best Documentary" Award at the Clorofilla Film Festival 2017 and the Montelupo Fiorentino Film Festival.

EMILIANO TOSO / MUSIC COMPOSER

Emiliano Toso, PhD is a music composer and cell biologist who explores the new health perspectives offered by merging epigenetics, spirituality, and music. In 2013 he created the "Translational Music®" project with the support of Dr. Bruce Lipton, with whom he collaborates. Translational Music® now opens the European congresses of Gregg Braden, Neale Donald Walsch e Bruce Lipton. His music is used worldwide in yoga centers, holistic centers and schools, and is used by writers and artists to expand creativity and concentration, by doctors and dentists to lower pain and stress in their patients.

THE IMPACT

The most important work that we have to do as independent documentarists is to make films that have the potential to inspire and empower, bring people together, create a critical mass and become a movement that has the potential to revolutionize the world as we know it.

We have seen how important it is to create a film, to co-create a film that matters, and crowdfunding is the perfect way to allow people who want to be part of something important to be able to do so. After the overwhelmingly positive response to *Another World* and *Food ReLOVution* (both partially crowdfunded through Indiegogo) , we are now ready to take another step towards the awakening of consciences with Choose Love.

It's amazing to see the community of people ready for change grow everyday and see that we really can make a contribution with our work. We feel so proud and happy that we were able to make it happen independently while also protecting the integrity of our projects. *Choose Love*, just as *Another World* and *Food ReLOVution*, is a film with an important and powerful message can become more than a film, it can really become an unstoppable movement towards the creation of a better world.

We believe that this film will empower people by reminding us that we have the power to change things if we really want to, starting with ourselves. The film is about forgiveness, empathy, awareness, compassion and above all, about understanding and love.

We believe that this film will stimulate critical thinking to make the best decisions possible with the potential to make this world a better place.

There is a moment in all our lives when we're faced with important choices and need to open our minds. Such choices require a great effort, but they can also have enormous consequences. So what should we do when we reach a crossroads, and have to choose between hiding in the darkness and exposing ourselves to the light? Which way should we choose?

As we said, our ancestors can teach us a new kind of humanity: a way to pursue peace and cooperation in the face of abuse and hardship. We must let go of anger, violence and hatred and make room for the beauty of which we are all a part.

Following the way of love will not always be easy because it involves engagement with the world, and recognising the light and absence of light in order to evolve. The way may sometimes be difficult, but it is crucial if we are to understand life and the reason we were born: to learn to Love and to overcome hardship with forgiveness.

Nelson Mandela, Mahatma Gandhi and many other great historical figures have handed down their wisdom in their teachings: that our inner revolution can change the world, and that we can shape reality with our minds and actions. Let us therefore abandon our prejudices, and strengthen the empathy, understanding and love that naturally flows from our hearts, and so become an example ourselves.

Bruce Lipton, Deepak Chopra, Scarlett Lewis, Daniel Lumera, Claudio Pagliara, Yolande Mukagasana and many others have already joined us to support this revolutionary movement, launched in 2014 with *Another World*. We now need your contribution, to help make another world even more possible.

HOW YOU CAN HELP US

Through our documentaries, we want to show a reality that is not constrained by outside interests, in relation to finance, distribution or politics, and so we produce and distribute our projects quite independently. For this reason, it is crucial to raise funds for our project to be realised, allowing more and more people to ask the questions that enable them to make choices.

You can help us by ordering an advance copy of the film; or by selecting one of the perks/tokens of thanks we have designed for you, and for anyone else who wants to play an active part in the change. They include DVDs, posters, T-shirts and tote bags, and even a mention in the opening or closing credits.

Whether you contribute €2, € 21, €377 or more, your support will be vital to us. Because, in addition to helping us complete the film in the best possible way, it will be the tangible sign that the impetus behind this revolution is not just one person, or a small group of “visionaries”, but many thousands of people who know the power of choice and have decided to play an active part in the change, spreading the message by every means.

The success of our campaign also depends on getting the word out to as many people as possible. Please consider supporting us by sharing this campaign with your friends, family, colleagues, neighbors, teachers and students via email, Facebook or Twitter , your blog or using the Indiegogo share tools. You can also like us on like us on Facebook, we will keep you informed on the campaign as it progresses.

However you choose to help us, we will be grateful, because we are sure your gift will come from the heart and reflect your desire to share all this with those around you. Making a success of our joint project relies greatly on your help, so thank you in advance for whatever you can do.

Join us and become part of the change. Choose love to change the world.

Thank you!!!!

CREDITS

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